



Acton-Boxborough Regional School District

2016-2017 Family Learning Series

Supported by the ABRSD, ABRSD PTOs, PTF, and PTSOs, AB Special Education Parent Advisory Council, Danny's Place Youth Services, and AB United Way

All events are for *adults* only, except where indicated otherwise.
Grade levels of interest are specified for each speaker.

September 21, 2016

7:00-8:30 PM

Presenter: Dr. Kirsty Kerin

Topic: *The Science of Sleep*

Audience: Grades PK-12 Location: ABRHS Auditorium

October 5, 2016

7:00-8:30 PM

Presenter: Janell Burley Hofmann

Topic: *Early Childhood and Technology*

Audience: Grades PK-4 Location: RJ Grey Auditorium

November 8, 2016

7:00-8:30 PM

Presenter: Dr. Denise Pope

Topic: *The Well-Balanced Student*

Audience: Grades PK-12 Location: ABRHS Auditorium

December 1, 2016

7:00-8:30 PM

Presenter: Michelle Icard

Topic: *Middle School Makeover: Improving the Way You and Your Child Experience the Middle School Years*

Audience: Grades 4-8 Location: ABRHS Auditorium

January 25, 2017

7:00-8:30 PM

Presenter: Pamela Katz Ressler

Topic: *Mindfulness*

Audience: Grades PK-12 Location: RJ Grey Auditorium

February 13, 2017

7:00-9:00 PM

Presenter: Chris Herren

Topic: *Substance Abuse*

Audience: Grades 6-12 and students ages 13 and up

Location: ABRHS Auditorium

March 7, 2017

7:00-8:30 PM

Presenter: Sarah Ward

Topic: *Executive Functioning and Resilience*

Audience: Grades PK-12 Location: RJ Grey Library

April 5, 2017

7:00-8:30 PM

Presenter: Dr. David Miele

Topic: *Academic Mindsets: Their Role in Learning, Parenting, and Teaching*

Audience: Grades PK-12 Location: RJ Grey Auditorium

May 31, 2017

7:00-8:30 PM

Presenter: Dr. Anthony Rao

Topic: *Social and Emotional Life of Young Boys*

Audience: Grades PK-12 Location: RJ Grey Auditorium