



RJGrey Junior High September 2018 Menu



BOAR'S HEAD MADE TO ORDER SANDWICHES AVAILABLE ON THURSDAYS

Monday	Tuesday	Wednesday	Thursday	Friday
3) Labor Day	4) Welcome Back! 7th Grade Cookout! Hamburger, Veggie Burger or Hot Dog on a Roll Lettuce, Tomato, Onion Pickles Watermelon	5) Baked Chicken Patty Or Buffalo Chicken Patty on a Whole Wheat Roll Baked Potato Wedges Tender Green Beans Chilled Pears	6) ~New~ Pulled Pork Sliders Pulled Pork on Slider Rolls Kickin' Baked Veggie Beans Choice of Fruit	7) Big Daddy's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Choice of Fruit
10) No School Rosh Hashana	11) Breakfast for Lunch! Pancakes w/Syrup Jones Light Sausage Hashbrown Potato Warm Cinnamon Apples	12) Fengrey Franks on a Whole Wheat Roll Potato Puffs Carrot & Celery Sticks Fresh Fruit	13) Crispy Chicken Wrap Romaine Lettuce, Salsa, Sour Cream Black Bean Salad Seasonal Fruit	14) Everyone's Favorite! Pizza Mania! w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Seasonal Fruit
17) Crispy Popcorn Chicken with Dipping Sauce Smiley Fries Cinnamon Glazed Carrots Variety of Fruit	18) Texas BBQ Pulled Pork on a Whole Wheat Roll Southwestern Baked Fries Fiesta Corn and Bean Salad Variety of Fruit	19) No School Yom Kippur	20) Chicken Tenders w/ Dipping Sauce Mashed Potatoes Steamed Broccoli Choice of Fruit	21) Big Daddy's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Seasonal Fruit
24) Baked Mozzarella Sticks with warm Marinara Sauce Tender Sweet Corn Carrot and Celery Sticks Choice of Fruit	25) Baked Chicken Patty Or Buffalo Chicken Patty on a Whole Wheat Roll Baked Potato Wedges Tender Green Beans Chilled or Fresh Fruit	26) Build Your Own Burger! Hamburger/Veggie Burger on a Whole Wheat Roll Romaine, Tomato, Onion Pickles, Rst Sweet Potatoes Fruit	27) Something New! Top your own Chipotle Bean Burritos Fiesta Rice Chilled or Fresh Fruit	28) Everyone's Favorite! Pizza Mania! w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Seasonal Fruit

Available Friday only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager.

Cafeteria Manager, Jean Tibbetts: jetibbetts@abschools.org

Questions or Comments? Please contact Kirsten Nelson, Food Services Director at 978-264-4700 x3221

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. Meals are planned to meet the Dietary Guidelines.

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

For any questions concerning lunch Payments contact Lunchonline@abschools.org

This institution is an equal opportunity employer.