



Gates School September 2018 Menu



| Weekly Offerings | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|---|
| | B. Sandwich of the Week C. Grilled Cheese on Whole Wheat D. Chicken Caesar Salad E. Bagel w/Cream Cheese or Sunbutter & Yogurt F. Pizza | | | Elementary Early Release | |
| Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Sunbutter & Jelly Sandwich | 3) Labor Day | 4) Welcome Back! Breakfast for Lunch! French Toast Sticks with Syrup Jones Light Sausage Dragon Juice Orange Smiles | 5) Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Watermelon | 6) Elementary Early Release No Lunch Served | 7) Stuffed Crust Pizza Choice of Toppings Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit |
| Faculty Lunch: Tossed Salad with Tuna Sandwich of the Week: Tuna on a Roll | 10) No School Rosh Hashana | 11) Baked Mozzarella Sticks Fresh Caesar Salad with Romaine Lettuce Carrot and Celery Sticks Chilled or Fresh Fruit | 12) Hamburger Or Veggie Burger On a Roll Lettuce, Tomato, Cheese Seasonal Fruit | 13) Elementary Early Release | 14) Big Daddy's Pizza Choice of Toppings Cheese, Veggie or Sausage Black Bean and Corn Salad Pears |
| Faculty Lunch: Southwestern Salad Sandwich of the Week: Chicken Parm on a Roll | 17) Mini Cheese Ravioli Served with Marinara Sauce Sweet Corn Warm Garlic Bread Applesauce | 18) Something New! BBQ Ribs on Slider Rolls Three Bean Salad Choice of Fruit Sticker Day! | 19) No School Yom Kippur | 20) Elementary Early Release | 21) Stuffed Crust Pizza Choice of Toppings Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit |
| Faculty Lunch: Oriental Salad Sandwich of the Week: Ham & Cheese Croissant | 24) Chicken Tenders with Dipping Sauce Oven Baked Fries Tender Green Beans Choice of Fruit | 25) Breakfast for Lunch! Mini Pancakes with Syrup Jones Light Sausage Veggie Sticks Orange Juice | 26) Chicken Patty or Spicy Chicken Patty on a Whole Wheat Roll Side of Lettuce & Tomato Pasta Salad Assorted Fruit | 27) Elementary Early Release | 28) Big Daddy's Pizza Choice of Toppings Cheese, Veggie or Hawaiian Spinach and Craisin Salad Side of Chick Peas Chilled or Fresh Fruit |

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager Linda McCusker: Immucsker@abschools.org

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

For any questions concerning Lunch Payments contact Lunchonline@abschools.org

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