



Douglas School September 2018 Menu



Weekly Offerings	Monday	Tuesday	Wednesday	Thursday	Friday
	B. Sandwich of the Week C. Grilled Cheese on Whole Wheat D. Chicken Caesar Salad E. Bagel w/Cream Cheese and Yogurt F. Pizza			Elementary Early Release	BACK TO SCHOOL
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Sunbutter & Jelly Sandwich	3) Labor Day	4) Welcome Back! Breakfast for Lunch! French Toast Sticks with Syrup Jones Light Sausage Dragon Juice Orange Smiles	5) Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Watermelon	6) Elementary Early Release No Lunch Served	7) Stuffed Crust Pizza Choice of Toppings Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit
Faculty Lunch: Tossed Salad with Chicken Sandwich of the Week: Fishwich on a Roll	10) No School Rosh Hashana	11) Baked Mozzarella Sticks Fresh Caesar Salad with Romaine Lettuce Carrot and Celery Sticks Chilled or Fresh Fruit	12) Hamburger Or Veggie Burger On a Roll Lettuce, Tomato, Cheese Seasonal Fruit	13) Elementary Early Release	14) Big Daddy's Pizza Choice of Toppings Cheese, Veggie or Sausage Black Bean and Corn Salad Pears
Faculty Lunch: Tossed Salad with Tuna Sandwich of the Week: Tuna on a Roll	17) Mini Cheese Ravioli Served with Marinara Sauce Sweet Corn Warm Garlic Bread Applesauce	18) Something New! BBQ Ribs on Slider Rolls Three Bean Salad Choice of Fruit Sticker Day!	19) No School Yom Kippur	20) Elementary Early Release	21) Stuffed Crust Pizza Choice of Toppings Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit
Faculty Lunch: BLT Salad Sandwich of the Week: BLT and Cheese Wrap	24) Chicken Tenders with Dipping Sauce Oven Baked Fries Tender Green Beans Choice of Fruit	25) Breakfast for Lunch! Mini Pancakes with Syrup Jones Light Sausage Veggie Sticks Orange Juice	26) Chicken Patty or Spicy Chicken Patty on a Whole Wheat Roll Side of Lettuce & Tomato Pasta Salad Assorted Fruit	27) Elementary Early Release	28) Big Daddy's Pizza Choice of Toppings Cheese, Veggie or Hawaiian Spinach and Craisin Salad Side of Chick Peas Chilled or Fresh Fruit

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager Kathie Clifford: kclifford@abschools.org

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

For any questions concerning Lunch Payments contact Lunchonline@abschools.org

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