



# Conant School September 2018 Menu



Weekly Offerings	Monday	Tuesday	Wednesday	Thursday	Friday
	B. Sandwich of the Week C. Grilled Cheese on Whole Wheat D. Chicken Caesar Salad E. Bagel w/Cream Cheese or Sunbutter & Yogurt F. Pizza			Elementary Early Release	<b>BACK TO SCHOOL</b>
<b>Faculty Lunch:</b> Chicken Caesar Salad <b>Sandwich of the Week:</b> Tuna on a Roll	3) <b>Labor Day</b>	4) <b>Welcome Back! Breakfast for Lunch!</b> French Toast Sticks with Syrup Jones Light Sausage Dragon Juice Orange Smiles	5) Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Watermelon	6) <b>Elementary Early Release</b> <b>No Lunch Served</b>	7) Stuffed Crust Pizza Choice of Toppings Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit
<b>Faculty Lunch:</b> Garden Salad <b>Sandwich of the Week:</b> Ham & Cheese Sandwich	10) <b>No School Rosh Hashana</b>	11) Baked Mozzarella Sticks <b>Fresh Caesar Salad with Romaine Lettuce</b> Carrot and Celery Sticks Chilled or Fresh Fruit	12) Hamburger Or Veggie Burger On a Roll Lettuce, Tomato, Cheese Seasonal Fruit	13) <b>Elementary Early Release</b>	14) Big Daddy's Pizza Choice of Toppings Cheese, Veggie or Sausage Black Bean and Corn Salad Pears
<b>Faculty Lunch:</b> Buffalo Chicken Salad <b>Sandwich of the Week:</b> Cheese Quesadilla	17) Mini Cheese Ravioli Served with Marinara Sauce Sweet Corn Warm Garlic Bread Applesauce	18) <b>Something New!</b> BBQ Ribs on Slider Rolls Three Bean Salad Choice of Fruit <b>Sticker Day!</b>	19) <b>No School Yom Kippur</b>	20) <b>Elementary Early Release</b>	21) Stuffed Crust Pizza Choice of Toppings Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit
<b>Faculty Lunch:</b> Oriental Salad <b>Sandwich of the Week:</b> Turkey on a Wrap	24) Chicken Tenders with Dipping Sauce Oven Baked Fries Tender Green Beans Choice of Fruit	25) <b>STICKER DAY</b> <b>Breakfast for Lunch!</b> Mini Pancakes with Syrup Jones Light Sausage Veggie Sticks Orange Juice	26) Chicken Patty or Spicy Chicken Patty on a Whole Wheat Roll Side of Lettuce & Tomato Pasta Salad Assorted Fruit	27) <b>Elementary Early Release</b>	28) Big Daddy's Pizza Choice of Toppings Cheese, Veggie or Hawaiian Spinach and Craisin Salad Side of Chick Peas Chilled or Fresh Fruit

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager Debi DiDuca: [ddiduca@abschools.org](mailto:ddiduca@abschools.org)

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at [www.abschools.org/departments/food-services/lunch-menus](http://www.abschools.org/departments/food-services/lunch-menus)

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

For any questions concerning Lunch Payments contact [Lunchonline@abschools.org](mailto:Lunchonline@abschools.org)

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