



# ABRHS May 2018 Menu



**Deli Station Featuring Boar's Head Deli Meats, Grill Station, Salads, Wraps, Pizza Made Fresh Daily, Smoothies!**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Celebrate School Lunch Hero Week with us! May 7th-May 11th</b>	1) Spicy Chicken Tenders Mashed Potatoes Corn Gravy Choice of Fruit	2) Taco Salad Bowl Lean Beef, Romaine Lettuce Tomato, Olives, Cheese Salsa, Onions Kidney Beans Choice of Fruit	3) Pasta with Marinara, Pesto Sauce or Meat Sauce Green Beans Garlic Breadstick Choice of Fruit	4) Breakfast for Lunch! French Toast Sticks Jones Light Sausage Potato Juice
7) Steak and Cheese Sub on a Whole Wheat Roll Onions, Peppers, Mushrooms Seasoned Fries Choice of Fruit	8) Chicken Fajita in a Bowl or a Wrap Top your own w/ Onions, Peppers, Cheese Rice, Black Beans Seasonal Fruit	9) Chicken Caesar Wrap Side of Fries Choice of Fruit	10) Build Your Own Burger! Hamburger or Cheeseburger on Whole Wheat Roll Romaine Lettuce, Tomato, Oven Baked Fries Chilled or Fresh Fruit	11) Cheese Tortellini w/ choice of Marinara Sauce or Alfredo Sauce Broccoli Garlic Bread Choice of Fruit
14) A-B Sampler Baked Mozzarella Sticks Boneless Sriracha Chicken Wings Spicy Fries Choice of Fruit	15) Grilled Cheese Sandwich or Grilled Ham and Cheese Fries Chilled or Fresh Fruit	16) Italian Sub Spicy Fries Choice of Fruit	17) Asian Chicken Vegetable Lo Mein Oriental Veggies Choice of Fruit	18) Pasta with Marinara Sauce Side of Meatballs Tender Green Beans Garlic Breadstick Choice of Fruit
21) Pulled Pork on a Whole Wheat Roll Oven Baked Fries Choice of Fruit	22) Warm Panini Sandwiches A variety to choose from Broccoli Salad, Fries Choice of Fruit	23) Hot Dog on a Roll Vegetarian Beans Oven Baked Fries Choice of Fruit	24) Buffalo Chicken with Lettuce in a Wheat Wrap Side of Fries Chilled or Fresh Fruit	25) Chicken Parmesan Side of Pasta w/ Marinara Sweet Corn Garlic Bread Choice of Fruit
28) <b>No School Memorial Day</b>	29) Grilled Cheese Sandwich or Grilled Ham and Cheese Sweet Potato Fries Chilled or Fresh Fruit	30) Build Your Own Burger! Hamburger or Cheeseburger on Whole Wheat Roll Romaine Lettuce, Tomato, Oven Baked Fries Chilled or Fresh Fruit	31) Pasta with Choice of Meat Sauce, Marinara Sauce or Pesto Tender Green Beans Garlic Breadstick Choice of Fruit	

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager: Heidi Conley: Hconley@abschools.org

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at [www.abschools.org/departments/food-services/lunch-menus](http://www.abschools.org/departments/food-services/lunch-menus)

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