




ABRHS March 2018 Menu



Deli Station Featuring Boar's Head Deli Meats, Grill Station, Salads, Wraps, Pizza Made Fresh Daily, Smoothies!

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Fruit and Fresh Vegetables are offered Daily. Menu Subject to change without Notice. Meals are Planned to Meet the Dietary Guidelines	Please join us for National School Breakfast Week and World Language Week March 5th-9th		1) Teriyaki Chicken Vegetable Fried Rice Pineapple Fortune Cookie	2) Stuffed Shells with Marinara Sauce Tender Green Beans Garlic Bread Choice of Fruit
5) All American! Steak and Cheese Sub on a Whole Wheat Roll Onions, Peppers, Mushrooms Seasoned Fries Choice of Fruit	6) Tex-Mex! Chicken Fajita in a Bowl or a Wrap Top your own w/ Onions, Peppers, Cheese Rice, Black Beans Seasonal Fruit	7) Celebrate France! Quiche Ham and Cheese Or Veggie and Cheese Side of Romaine Salad Oven Roasted Potatoes Choice of Fruit	8) Vietnamese Noodle Soup Pho Noodle Bowl Build your Own! Chicken, Diced Carrots Bok Choy, Onions, Peppers, Basil, Cilantro Seasonal Fruit	9) A Taste of Italy! Cheese Tortellini with Marinara Sauce Broccoli Garlic Bread Choice of Fruit
12) A-B Sampler Baked Mozzarella Sticks Boneless Sriracha Chicken Wings Spicy Fries Choice of Fruit	13) Grilled Cheese Sandwich or Grilled Ham and Cheese Tomato Basil Soup Fries Chilled or Fresh Fruit	14) Test Schedule Popcorn Chicken Mashed Potatoes Corn Gravy Chilled Fruit	15) Test Schedule Build Your Own Burger! Hamburger or Cheeseburger on Whole Wheat Roll Romaine Lettuce, Tomato, Oven Baked Fries Chilled or Fresh Fruit	16) Pasta with Marinara Sauce Side of Meatballs Tender Green Beans Garlic Breadstick Choice of Fruit
19) Pulled Pork on a Whole Wheat Roll Oven Baked Fries Choice of Fruit	20) Warm Panini Sandwiches A variety to choose from Broccoli Salad, Fries Choice of Fruit	21) Test Schedule Hot Dog on a Roll Vegetarian Beans Oven Baked Fries Choice of Fruit	22) Test Schedule Buffalo Chicken with Lettuce in a Wheat Wrap Side of Fries Chilled or Fresh Fruit	23) Chicken Parmesan Side of Pasta w/ Marinara Sweet Corn Garlic Bread Choice of Fruit
26) Chicken Caesar Wrap Side of Fries Choice of Fruit	27) Grilled Cheese Sandwich or Grilled Ham and Cheese Tomato Basil Soup Fries Chilled or Fresh Fruit	28) Italian Sub Ham, Salami and Cheese Lettuce, Tomato, Pickles, Hots Oven Baked Fries Chilled or Fresh Fruit	29) Baked Potato Bar You select the toppings! Lean Meat, Cheese Sauce Broccoli, Sour Cream Beans Variety of Fruit	30) Good Friday No School

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager: Heidi Conley: Hconley@abschools.org

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

This institution is an equal opportunity employer.