



Conant School January 2018 Menu



Weekly Offerings	Monday	Tuesday	Wednesday	Thursday	Friday
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Cheese Quesadilla	1) NO SCHOOL Winter Recess	2) Breakfast for Lunch Pancakes with Syrup Jones Light Sausage Potatoes Choice of Fruit	3) Chicken Patty or Spicy Chicken Patty on a Whole Wheat Roll Side of Lettuce & Tomato Assorted Fruit	4) Elementary Early Release	5) Stuffed Crust Pizza Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Side of Chick Peas Chilled or Fresh Fruit
Faculty Lunch: Garden Salad Sandwich of the Week: Sunbutter & Jelly Sandwich	8) Chicken Tenders with Dipping Sauce Oven Baked Fries Peas and Carrots Choice of Fruit	9) Breakfast for Lunch! French Toast Sticks with Syrup Jones Light Sausage Dragon Juice Orange Smiles	10) STICKER DAY Nachos Supreme! Lean Beef or Vegetarian Refried Beans, Cheese Romaine, Tomato, Salsa Tender Sweet Corn Choice of Fruit	11) Elementary Early Release	12) Personal Pan Pizza Choice of Toppings Cheese, Veggie or Hawaiian Caesar Salad Pineapple
Faculty Lunch: Buffalo Chicken Salad Sandwich of the Week: Pulled Pork on a Roll	15) NO SCHOOL Martin Luther King Day	16) Popcorn Chicken Mashed Potatoes Green Beans Choice of Fruit	17) Baked Mozzarella Sticks with Marinara Dipping Sauce Corn Chilled or Fresh Fruit	18) Elementary Early Release	19) Big Daddy's Pizza Cheese, Veggie or Sausage Caesar Salad Side of Chick Peas Pears
Faculty Lunch: Garden Salad Sandwich of the Week: Turkey Wrap	22) Chicken Teriyaki Dippers Whole Grain Rice Green Beans Fortune Cookie Choice of Fruit	23) Kayem Light Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Chilled or Fresh Fruit	24) Pasta with Meat Sauce or Marinara Sauce Steamed Broccoli Wheat Garlic Bread Chilled or Fresh Fruit	25) Elementary Early Release	26) Max Pizza Sticks with Marinara Dipping Sauce Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit
Faculty Lunch: Asian Salad Sandwich of the Week: Ham and Cheese Sandwich	29) Chicken Tenders with Dipping Sauce Oven Baked Fries Broccoli Choice of Fruit	30) Build Your Own Burger Hamburger or Veggie Burger on a Whole Wheat Roll Romaine Lettuce, Tomato, Cheese, Pickle Smiley Face Fries, Baby Carrots Choice of Fruit	31) STICKER DAY Breakfast for Lunch! Waffles with Syrup Jones Light Sausage Baby Carrots Warm Apple Slices		B. Sandwich of the Week C. Grilled Cheese on Whole Wheat D. Chicken Caesar Salad E. Bagel w/Cream Cheese or Sunbutter & Yogurt F. Pizza

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager Debi DiDuca: ddiduca@abschools.org

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

For any questions concerning Lunch Payments contact Lunchonline@abschools.org

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