





# Gates School April 2018 Menu



Weekly Offerings	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Faculty Lunch:</b> Tossed Salad <b>Sandwich of the Week:</b> Chicken Parm on a Roll	2) <b>Chicken Tenders</b> Whipped Potatoes Golden Sweet Corn Fresh Fruit	3) <b>Breakfast for Lunch</b> French Toast Sticks w/ Syrup Sliced Warm Ham Baby Carrots O.J.	4) <b>Celebrate the Red Sox!</b> Kayem Light Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Chilled or Fresh Fruit Sugar Cookie	5) <b>K-12 Early Release</b>	6) Personal Pan Pizza Choice of Toppings Cheese, Veggie or Sausage Tossed Salad with Romaine Lettuce Choice of Fruit
<b>Faculty Lunch:</b> Chicken Caesar Salad <b>Sandwich of the Week:</b> BBQ Rib on a Roll	9) Mini Cheese Ravioli with Marinara Sauce Broccoli Warm Garlic Bread Choice of Fruit	10) <b>STICKER DAY</b> <b>Popcorn Chicken</b> Choice of Dipping Sauce Green Beans Mashed Potatoes Fruit	11) <b>Nachos Supreme</b> Lean Meat or Vegetarian Refried Beans, Cheese Romaine, Tomato, Salsa <b>Choice of Fruit</b>	12) <b>Elementary Early Release</b>	13) <b>Big Daddy's Pizza</b> Choice of Toppings Cheese, Veggie or Pepperoni Caesar Salad with Romaine Choice of Fruit
<div style="display: flex; justify-content: space-between; align-items: center;">  <h2 style="font-size: 2em;">Spring Recess</h2>  </div>					
<b>Faculty Lunch:</b> Buffalo Chicken Salad <b>Sandwich of the Week:</b> Sunbutter & Jelly Sandwich	23) <b>Mini Pancakes</b> with Syrup Jones Light Saugage Warm Spiced Apples Dragon Juice	24) Chicken Patty or Spicy Patty on a Whole Wheat Roll Oven Baked Fries Lettuce, Tomato Choice of Fruit	25) <b>Pasta Day</b> Pasta w/ Meat or Marinara Sauce Broccoli Wheat Garlic Bread Chilled or Fresh Fruit	26) <b>Elementary Early Release</b>	27) <b>Pizza Mania</b> All your Favorites!! Choice of Toppings Cheese, Veggie Garden Salad, Side Chick Peas Choice of Fruit
<b>Faculty Lunch:</b> Tossed Salad with Tuna <b>Sandwich of the Week:</b> Tuna Fish Sandwich	30) <b>Build your own Burger</b> Hamburger on a Bun on a Whole Wheat Roll Romaine, Tomato, Cheese, Pickle Oven Baked Fries, Fruit	<b>BREAKFAST Now Being Served at Gates Starting April 23rd</b>  Breakfast available 20 minutes prior to start of school Choice of Blueberry Muffin, whole wheat bagel with cream cheese, or choice of cereal -- all served with Milk and Fruit \$2.75 (Free for free students eligible for free lunch and .30 for reduced families)			B. Sandwich of the Week C. Grilled Cheese on Whole Wheat D. Chicken Caesar Salad E. Bagel w/Cream Cheese or Sunbutter & Yogurt F. Pizza

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager Linda McCusker: Immucsker@abschools.org

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at [www.abschools.org/departments/food-services/lunch-menus](http://www.abschools.org/departments/food-services/lunch-menus)

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

For any questions concerning Lunch Payments contact [Lunchonline@abschools.org](mailto:Lunchonline@abschools.org)

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