




ABRHS April 2018 Menu



Deli Station Featuring Boar's Head Deli Meats, Grill Station, Salads, Wraps, Pizza Made Fresh Daily, Smoothies!

Monday	Tuesday	Wednesday	Thursday	Friday
2) A-B Sampler Baked Mozzarella Sticks Boneless Sriracha Chicken Wings Spicy Fries Choice of Fruit	3) Grilled Cheese Sandwich or Grilled Ham and Cheese Oven Baked Fries Chilled or Fresh Fruit	4) Celebrate the Red Sox! Hot Dog on a Roll Vegetarian Beans Oven Baked Fries Choice of Fruit	5) K-12 Early Dismissal No Lunch Served	6) Stuffed Shells with Marinara Sauce Tender Green Beans Garlic Bread Choice of Fruit
9) Wellness Week at High Steak and Cheese Sub on a Whole Wheat Roll Onions, Peppers, Mushrooms Seasoned Fries Choice of Fruit	10) Chicken Fajita in a Bowl or a Wrap Top your own w/ Onions, Peppers, Cheese Rice, Black Beans Seasonal Fruit	11) Popcorn Chicken Mashed Potatoes Corn Gravy Chilled Fruit	12) Asian Chicken Vegetable Lo Mein Oriental Veggies Choice of Fruit	13) Pasta with Marinara Sauce Side of Meatballs Tender Green Beans Garlic Breadstick Choice of Fruit
 <h2 style="font-size: 2em;">Spring Recess</h2> 				
23) Pulled Pork on a Whole Wheat Roll Vegetarian Baked Beans Oven Baked Fries Choice of Fruit	24) Warm Panini Sandwiches A variety to choose from Broccoli Salad, Fries Choice of Fruit	25) Teriyaki Chicken Vegetable Lo Mein Pineapple Fortune Cookie	26) Assorted Calzones Veggie or Buffalo Chicken Side Salad Chilled Fruit	27) Chicken Parmesan Side of Pasta w/ Marinara Sweet Corn Garlic Bread Choice of Fruit
30) Build Your Own Burger! Hamburger or Cheeseburger on Whole Wheat Roll Romaine Lettuce, Tomato, Oven Baked Fries Chilled or Fresh Fruit				

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are *available with 24 Hr. Notice to Cafeteria Manager*

Available Friday Only: Gluten Free Pizza. *Order must be placed by Wednesday with Cafeteria Manager*

Cafeteria Manager: Heidi Conley: Hconley@abschools.org

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

This institution is an equal opportunity employer.