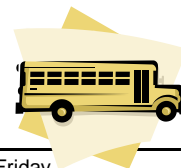




Gates School September 2017 Menu



Weekly Offerings	Monday	Tuesday	Wednesday	Thursday	Friday
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Sunbutter&Jelly Sandwich	4) No School Labor Day	5) Welcome Back! Breakfast for Lunch! French Toast Sticks with Syrup Jones Light Sausage Dragon Juice Orange Smiles	6) Kayem Light Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Watermelon	7) Elementary Early Release No Lunch Served	8) Stuffed Crust Pizza Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Chilled or Fresh Fruit
Faculty Lunch: Tossed Salad with Tuna Sandwich of the Week: Tuna Sandwich	11) Baked Mozzarella Sticks Fresh Caesar Salad with Romaine Lettuce Side of Chick Peas Chilled or Fresh Fruit	12) Breakfast for Lunch! Waffle Sticks w/Syrup Jones Light Sausage Hash Brown Potato Orange Juice	13) Pasta with Meatballs and Marinara Sauce Green Beans Wheat Garlic Bread Chilled or Fresh Fruit	14) Elementary Early Release No Lunch Served	15) Big Daddy's Pizza Cheese, Veggie or Sausage Cucumber and Grape Tomato Salad Side of Chick Peas Pears
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Cheese Quesadilla	18) Mini Cheese Ravioli Served with Marinara Sauce Sweet Corn Warm Garlic Bread Applesauce	19) STICKER DAY Teriyaki Chicken Dippers Steamed Rice Green Beans Choice of Fruit Sticker Day!	20) Hamburger Or Veggie Burger On a Roll Lettuce, Tomato, Cheese Seasonal Fruit	21) No School Rosh Hashanah	22) Stuffed Crust Pizza Cheese, Veggie or Pepperoni Fresh Garden Salad w/ Romaine Lettuce Side of Chick Peas Chilled or Fresh Fruit
Faculty Lunch: Buffalo Chicken Salad Sandwich of the Week: Fish Filet Sandwich	25) Chicken Tenders with Dipping Sauce Oven Baked Fries Tender Green Beans Choice of Fruit	26) Breakfast for Lunch! Mini Pancakes with Syrup Jones Light Sausage Veggie Sticks Orange Juice	27) Chicken Patty or Spicy Chicken Patty on a Whole Wheat Roll Side of Lettuce & Tomato Pasta Salad Assorted Fruit	28) Elementary Early Release No Lunch Served	29) Big Daddy's Pizza Cheese, Veggie or Hawaiian Spinach and Craisin Salad Side of Chick Peas Chilled or Fresh Fruit
	B. Sandwich of the Week C. Grilled Cheese on Whole Wheat D. Chicken Caesar Salad E. Bagel w/Cream Cheese or Sunbutter & Yogurt F. Pizza				

Available Daily: Gluten Free Turkey & Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday Only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

Cafeteria Manager Linda McCusker: Immucsker@abschools.org

For any questions concerning Lunch Payments contact Lunchonline@abschools.org

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