



RJGrey Junior High November 2017 Menu



NEW - BOAR'S HEAD MADE TO ORDER SANDWICHES AVAILABLE ON THURSDAYS

Monday	Tuesday	Wednesday	Thursday	Friday
		1) Fengrey Franks on a Whole Wheat Roll Potato Puffs Carrot & Celery Sticks Fresh Fruit	2) Nachos Supreme! Lean Meat, Cheese Romaine Lettuce Mild Salsa, Sour Cream Three Bean Salad	3) Big Daddy's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Seasonal Fruit
6) Chicken Tenders w/ Dipping Sauce Mashed Potatoes Peas and Carrots Choice of Fruit	7) No School Professional Day	8) Brunch for Lunch! French Toast Sticks w/ Syrup Jones Light Sausage Baked Potato Puffs Warm Cinnamon Apples	9) Mozzarella Sticks with Marinara Sauce Broccoli Choice of Fruit	10) No School
13) Popcorn Chicken with Dipping Sauce Baked Potato Puffs Green Beans Chilled or Fresh Fruit	14) Mini Cheese Ravioli Served with Marinara Sauce Sweet Corn Warm Garlic Bread Applesauce	15) Baked Chicken Patty Or Buffalo Chicken Patty on a Whole Wheat Roll Baked Potato Wedges Broccoli Salad Chilled or Fresh Fruit	16) Grilled Cheese Sandwich Tomato Soup Baked Potato Puffs Choice of Fruit	17) Big Daddy's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Side of Chick Peas Seasonal Fruit
20) Breakfast for Lunch! Pancakes w/Syrup Jones Light Sausage Potato Puffs Warm Cinnamon Apples	21) Chicken Drumstick Mashed Potatoes Steamed Broccoli Cranberry Sauce Choice of Fruit	22) K-12 Early Dismissal No Lunch Served	23) Happy Thanksgiving!	24) No School
27) Baked Chicken Patty Or Buffalo Chicken Patty on a Whole Wheat Roll Baked Potato Wedges Tender Green Beans Chilled or Fresh Fruit	28) Build Your Own Burger! Hamburger/Veggie Burger on a Whole Wheat Roll Romaine, Tomato, Onion Pickles, Rst Sweet Potatoes Fruit	29) Breakfast for Lunch Waffles w/Syrup Jones Light Sausage Potato Puffs Orange Juice	30) Taco Bar! Build Your Own Taco Lean Meat, Cheese Romaine, Salsa, Cheese, Sour Cream Corn & Black Bean Salad Choice of Fruit	Fresh fruit and fresh Vegetables are offered Daily. Menu subject to Change without notice. Meals are planned to Meet the Dietary Guidelines.

Available Friday only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager.

Cafeteria Manager, Jean Tibbetts: jetibbetts@abschools.org

Questions or Comments? Please contact Kirsten Nelson, Food Services Director at 978-264-4700 x3221

Fresh Fruit, Veggies and Milk available daily. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/food-services/lunch-menus

For any questions concerning lunch Payments contact Lunchonline@abschools.org

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